

SELF-CARE WORD SEARCH



F	A	M	I	L	Y	L	S	B
D	A	N	C	E	S	P	L	R
N	S	T	T	W	L	L	E	E
B	E	P	E	U	E	A	E	A
L	L	R	R	I	E	N	P	T
A	L	A	B	O	P	S	G	H
F	R	I	E	N	D	S	R	E
K	U	W	A	L	K	S	C	N
L	A	U	G	H	T	E	R	E

Friends

Walk

Fun

Breathe

Laughter

Ask

Sleep

Dance

Family

Sing

Art

Pray

