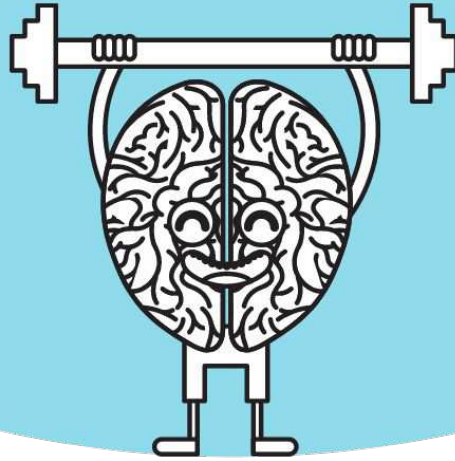




# Practicing My Skills



When I am feeling...

I can...

After practicing my skill, I feel...